





# Waitsfield Elementary April School Menu

Student \$3.25 Reduced Child FREE Adult \$3.75

Each day the lunch menu includes yogurt/cottage cheese, salad bar and milk (skim & 1%)

Monday	Tuesday	Wednesday	Thursday	Friday
				<p>1 <u>Quiche</u> 1- with Vermont Sausage and Cheddar Cheese 2- with Tri Color Peppers and Cheddar Cheese Home Fries</p>
<p>4 <u>Meatless Monday</u> Ramen Noodles with Vegetable Broth and Stir Fry Vegetables</p>	<p>5 <u>Pot Pie</u> 1- with Chicken and Root Vegetables 2- with Root Vegetables Applesauce</p>	<p>6 <u>Tacos</u> 1- Taco Flavored Ground Beef 2- with Refried Beans Add salsa, sour cream, tomato, lettuce and cheddar cheese</p>	<p>7 <u>Sandwich Bar</u> 1- with Turkey and Cheese 2- with Ham and Cheese 3- Roast Beef and Cheese Dill Pickles</p>	<p>8 <u>Sandwiches</u> 1- Bacon, Lettuce and Tomato 2- Cheese and Vegetables</p>
<p>11 <u>Meatless Monday</u> Pierogies with cheddar cheese Marinara Sauce</p>	<p>12 <u>Pizza</u> 1- with Cheese and Pepperoni 2- with Cheese 3- with Pesto and Cheese</p>	<p>13 <u>Fajitas</u> 1- with Chicken and Vegetables 2- with Vegetables Add sour cream and Salsa</p>	<p>14 <u>Soup Bar</u> 1- Broccoli Cheddar 2- Pasta e Fagioli* French Bread</p>	<p>15 <u>Glorified Bag Lunch*</u> 1- with Turkey or Ham Sandwich 2- with Vegetables Add Cheese Chips Go Gurt Carrot Sticks Fruit</p>
18 SPRING BREAK	19 SPRING BREAK	20 SPRING BREAK	21 SPRING BREAK	22 SPRING BREAK
<p>25 <u>Meatless Monday</u> Lettuce, Tomato, Carrot and Pepper Wrap Add Tofu if desired Cous Cous Salad</p>	<p>26 <u>Stir Fry</u> 1- with Chicken and Vegetables 2- with Vegetables Rice</p>	<p>27 <u>Burritos</u> 1- with Neill Farm Beef, Cheese and Beans 2- with Beans and Cheese Add Salsa and Sour Cream</p>	<p>28 <u>Sloppy Joes</u> 1- with Neill Farm Beef 2- with Veggie Burgers Whole Wheat Bun</p>	<p>29 <u>Breakfast For Lunch</u> Waffles Corn Beef Hash Sausage Fruit Salad</p>
Grab & Go Breakfast \$1.75 Child \$1.75 Adult Free Reduced Child				
Trail Mix Apple Juice/Milk	Bagel with Cream Cheese Yogurt Juice/Milk	Honey Bunches of Oats Cereal Juice/Milk	Egg and Cheese Muffin Yogurt Juice/Milk	Maple Oat Scones Yogurt Juice/Milk

When submitting payment for your child's account, please send check or cash in whole dollar amounts - Thank you! Prepayment is expected!

**News from the biggest classroom in the school:**

*Local Foods include Green Mountain Harvest Lettuce and Vasseur Maple Syrup and Eggs.*

- Menu is subject to change due to supplies.
- April 15 we will be offering ( after several requests) our Bag Lunch option. Please bring your own lunch box from home to fill with our lunch!!